

Congratulations on your pregnancy!

We want to do everything we can to make your pregnancy and birth experience positive, healthy, and memorable.

Please refer to Your Guide To Pregnancy, Birth and Parenting booklet as a guide. Always remember that no two individuals, and no two pregnancies, are the same. Your obstetric provider is your best source of health information.

Prenatal Visits and Appointments

- 8-10 weeks - New OB visit with your physician includes physical exam, Pap smear if due, blood tests and screening cultures.
- Every 4 weeks until 28 weeks
- Every 2 weeks until 36 weeks
- Once weekly until delivery

If your pregnancy is complicated, more frequent visits may be necessary. It is advisable to make two or three appointments in advance. It is always a good idea to call before you come to your appointment to make sure we are running on time. Please be assured that we make every effort to run on schedule; however, emergencies do occur. Please make sure we have your current telephone number and email address, as we may need to call, text or email you to inform you that we are running behind. If you cannot make your appointment, please call and cancel at least 24 hours in advance. If you deliver, we will automatically cancel subsequent appointments.

Routine Prenatal Labs

Your first appointment will consist of an extended visit along with routine prenatal labs.

- Urinalysis
- Blood Type
- Check immunity to Rubella (to see if your MMR vaccine is working)
- Screening for anemia and sexually transmitted infections
- Ultrasound in office for viability and dating

Genetic Screening (optional)

- Carrier Screening
- Non-invasive Prenatal Screening for Chromosomal Abnormalities

Address: 402 West Jefferson, Ste B, Kirksville, MO 63501

Phone: 660-665-3555

Hours: 8:00 am - 12:00 pm and 1:00 pm - 5:00 pm

**If you need assistance after hours or the weekend, please call the OB floor at
Northeast Regional Medical Center at 660-785-1750.**